

# Pain Management and Opioids

Approach Pain Management with Confidence

— FREE —



## Pain Management & Opioids

Is written by clinicians — pain management experts and addiction specialists — to reflect the types of clinical cases you experience in everyday practice.

Contains 62 case-based questions\* and high-value learning resources that cover the FDA Education Blueprint for Health Care Providers Involved in the Treatment and Monitoring of Patients with Pain.

Is a unique online adaptive learning program from NEJM Knowledge+ designed to fit your busy schedule and is the most engaging and effective pain management and opioids learning experience.

*\*Earn your state-mandated pain-management CME.*



## Pain Management and Opioids covers:

- ✔ The fundamental concepts of pain management, including definitions and mechanisms of pain.
- ✔ How to assess patients in pain, while identifying risk factors for abuse and addiction.
- ✔ The range of therapeutic options for managing pain, including non-pharmacologic approaches and pharmacologic (non-opioid and opioid analgesics) therapies.
- ✔ How to integrate opioid analgesics into a pain treatment plan individualized to the needs of the patient.
- ✔ How to safely and effectively manage patients on opioid analgesics in acute and chronic pain settings, including initiating therapy, titrating, and discontinuing use of opioid analgesics.
- ✔ How to counsel patients and caregivers about the safe use of opioid analgesics, including proper storage and disposal.
- ✔ How to counsel patients and caregivers about the use of naloxone for opioid overdose.
- ✔ When referral to a pain specialist is appropriate.
- ✔ The fundamental elements of addiction medicine.
- ✔ How to identify and manage patients with opioid use disorder.

## Inside NEJM Knowledge+ Pain Management and Opioids

### Topic Breakdown

Questions are sorted into 8 topic areas, which you will review sequentially:

1. Musculoskeletal pain
2. Common non-musculoskeletal pain
3. Basics of opioid prescribing I
4. Basics of opioid prescribing II
5. Complex situations in opioid prescribing
6. Opioid pharmacology
7. Acute pain
8. Opioid use disorder

### Learning Resources

We have created a series of learning resources to supplement this activity (sample below):

- Challenges of Managing Chronic Pain with Opioids
- Words That Work
- BRAVO Overview
- BRAVO! A Collaborative Approach to Opioid Tapering
- Opioid Taper Decision Tool
- Stages of the Addiction Cycle
- DSM-5 OUD Criteria

The new Pain Management and Opioids modules within NEJM Knowledge+ Internal Medicine Board Review and Family Medicine Board Review are offered in partnership with Boston University School of Medicine's Safer/Competent Opioid Prescribing Education (SCOPE of Pain) program. Thanks to an unrestricted educational grant as part of the FDA's mandated Risk Evaluation and Mitigation Strategy (REMS) program, NEJM Knowledge+ is able to make this new CME module available for free.



#### Disclosure of Support

This activity is supported by an independent educational grant from the Opioid Analgesic REMS Program Companies. Please see [https://ce.opioidanalgesicrems.com/RpcCEUI/rems/pdf/resources/List\\_of\\_RPC\\_Companies.pdf](https://ce.opioidanalgesicrems.com/RpcCEUI/rems/pdf/resources/List_of_RPC_Companies.pdf) for a listing of REMS Program Companies. This activity is intended to be fully compliant with the Opioid Analgesic REMS education requirements issued by the US Food and Drug Administration.